

Metis Employment & Training is pleased to provide  
the following training opportunity

# Emergency First Aid Certification

Within this course you will learn to perform CPR, use an AED, assist an adult, or a child or baby who is choking. It also includes learning about different types of medical emergencies such as asthma, allergic reactions, overdoses, seizures, heart attack and strokes. Also covered are trauma management techniques for different injuries such as a broken bone, or dislocated shoulder and how to treat a burn.

**Saturday September 28<sup>th</sup>, 2019**

**Portage Exhibition Office Building on Island Park  
Portage la Prairie, MB**

**9:00am – 2:00pm  
(Lunch Provided)**

**Metis Non-Status and Inuit Youth aged 15 – 30 years of age are encouraged to attend.**

- Participants must have a valid Social Insurance number and are required to complete a Client Registration Form in order to participate in the course.
- Participants who complete the training & exam will gain their certification in First Aid, CPR, and AED.

For more information & to register for this opportunity, please contact:

**MMF Southwest Regional Office:  
Sydney Tower, Regional Youth Coordinator**  
Ph: (204) 725-7520 or [sydney.tower@mmf.mb.ca](mailto:sydney.tower@mmf.mb.ca)  
Office Location: 656-6<sup>th</sup> Street, Brandon MB



**Metis  
Employment  
& Training**